# Full menu Allergen information



There are 14 major allergens which need to be mentioned (either on a label or through provided information such as menus) when they are used as ingredients in a food.

#### These are:

Gluten	Celery	Crustaceans	Egg	Fish	Lupin	Mustard
Nut	Milk	Molluscs	Peanut	Sesame	Soya	Sulphites

#### Allergen information for Term 4 – 2024

Blue option – Jacket potato choices		
Filling	Allergens	
Tuna mayonnaise	FISH	
Baked beans	NONE	
Coleslaw	NONE	
Cheese	MILK	
Blue option – Pasta	a choices (GLUTEN)	
Topping	Allergens	
Tomato & Basil sauce	NONE	
Cheese	MILK	
Yellow option – S	Sandwich choices	
Ingredient	Allergens	
Wrap/Bread /Baguette	GLUTEN, SOYA, SESAME	
Cheese	MILK	
Sliced Turkey	NONE	
Egg mayonnaise	EGG	
Tuna mayonnaise	FISH	
Coleslaw	NONE	

The yoghurt that we provide as an alternative option each day for our puddings contains MILK.

We are able to provide GLUTEN free or VEGAN fillings on our deli, pasta and jacket options for those children who have VEGAN or GLUTEN listed as an allergen on their Fresh Start account.

CONTAINS GLUTEN can be adapted for children with gluten allergy		,	VEGAN can be adapted to ve	gan
Theme Day – Thur 7 <sup>th</sup> March – WORLD BOOK DAY				
Meal choice	Meal description		Allergens	
Red option	The BFG's Buzzwangles burger, chips and bean	S	GLUTEN (bun)	
Green option	The Blunders blundersome beans and diced po-	tatoes (VG)	SOYA (BBQ sauce)	
Blue option	Tiger's tasty tomato and mozzarella pasta bake	e (V)	GLUTEN (pasta)	MILK (cheese)
Yellow option	The Very Hungry Caterpillars Cheese baguette	with Crudités (V)	GLUTEN (baguette) MILK (cheese), May	
			contain SESAME	
Dessert	Charlie's scrumdiddlyupmtious chocolate flapja	ck (VG)	GLUTEN (oats)	

## Week A

Monday				
Meal choice Meal description Allergens				
Red option	Pesto Pasta (V)	GLUTEN (pasta)	MILK (pesto)	
Green option	Cheese & tomato pizza (V)	GLUTEN (pizza base)	MILK (cheese) May contain SOYA	
Dessert	Peach melba and granola (V)	GLUTEN (oats)		

Tuesday				
Meal choice	Meal description	Allergens		
Red option	Salmon spaghetti carbonara	FISH (salmon), GLUTEN (spaghetti), MILK (cream)		
Green option	Loaded wedges (V)	MILK (cheese)		
Dessert	Chocolate brownie (VG)	GLUTEN (flour), May contain SOYA		

Wednesday			
Meal choice	Meal description	Allergens	
Red option	Roast chicken, roast potatoes & Yorkshire	MILK, EGG, GLUTEN (Yorkshire Pudding) *	
	pudding	May contain SOYA	
Green option	Butternut squash parcel, roast potatoes &	GLUTEN (pastry)	
	vegetables (VG)		
Dessert	Fruit jelly (VG)	NONE	

Thursday			
Meal choice	Meal description	Allergens	
Red option	Savoury mince and rice	NONE	
Green option	Plant based burger (VG)	GLUTEN (bun)	
Dessert	Ginger cake (V)	GLUTEN (flour), EGG (egg), May contain	
		SOYA	

Friday		
Meal choice	Meal description	Allergens
Red option	Breaded fish fingers & chips	FISH, GLUTEN (breadcrumbs)
Green option	Fishless fingers and chips (VG)	GLUTEN & SOYA (fishless finger)
Dessert	A Selection of Home Baking (V)	GLUTEN (flour), EGG (egg) May contain
		SOYA

<sup>\*</sup> This option can be provided allergy free by removing the Yorkshire pudding

## Week B

Monday			
Meal choice	Meal description	Alle	rgens
Red option	Vegetable fried rice with homemade curry sauce (VG)	NONE	
Green option	Cheese & tomato pizza (V)	GLUTEN (pizza base)	MILK (cheese) May contain SOYA
Dessert	Pears with chocolate sauce (VG)	NONE	

Tuesday		
Meal choice	Meal description	Allergens
Red option	Tuna and cheese melt	FISH (tuna), GLUTEN (tortilla), MILK (cheese)
Green option	Mild vegetable masala with rice (VG)	NONE
Dessert	Fruity shortbread (VG)	GLUTEN (flour), SULPHITES (dried fruit), May
		contain SOYA

Wednesday				
Meal choice	Meal description	Allergens		
Red option	Roast chicken, roast potatoes & Yorkshire pudding	MILK, EGG, GLUTEN (Yorkshire Pudding) * May contain SOYA		
Green option	Spring vegetable wellington (VG)	GLUTEN (pastry)		
Dessert	Fruit jelly (VG)	NONE		

Thursday		
Meal choice	Meal description	Allergens
Red option	Spaghetti bolognese	GLUTEN (lentils, spaghetti)
Green option	Vegetable fajita (VG)	GLUTEN (tortilla)
Dessert	Lemon drizzle cake (V)	GLUTEN (flour), EGG (egg) , May contain
		SOYA

Friday					
Meal choice	Meal description	Allergens			
Red option	Breaded fish and chips	FISH, GLUTEN (breadcrumbs)			
Green option	Vegan sausage, chips and beans (VG)	SOYA (sausage)			
Dessert	A Selection of Home Baking (V)	GLUTEN (flour), EGG (egg) May contain			
		SOYA			

<sup>\*</sup> This option can be provided allergy free by removing the Yorkshire pudding

#### Week C

Dessert Summer fruit swirl (V) MILK (yoghurt, whipped cream)  wesday  Meal choice Meal description Allergens Red option Pepperoni quesadilla slice GLUTEN (tortilla) MILK (cheese Green option Vegan meatball spaghetti (VG) GLUTEN (spaghetti), SOYA (meatballs Dessert Apple & oat cookies (VG) GLUTEN (oats & flour), May contain S  Vednesday  Meal choice Meal description Allergens  Red option Toad in the hole with roast potatoes MILK (Yorkshire Pudding), GLUTEN (Yorkshire Pudding), GLUTEN (Yorkshire Pudding), SOYA *  Green option Vegetarian toad in the hole (V) GLUTEN (Yorkshire Pudding), EGG (Yorkshire Pudding), SOYA (sausages) **  Weal choice Fruit jelly (VG) NONE  hursday  Meal choice Meal description Allergens  Red option Chicken korma and rice NONE  Green option Vegetable lasagne (V) GLUTEN (lasagne and bechamel sauce)  Dessert Chocolate marble cake (V) GLUTEN (flour), EGG(egg), May contain SOYA  riday  Meal choice Meal description Allergens  Red option Breaded fish and chips FISH and GLUTEN (breadcrumbs)  Green option Butternut squash and spinach pasty (VG)  GLUTEN (glour), EGG (egg) May contains  GLUTEN (postry)	/londay				
Green option  Cheese & tomato pizza (V)  Dessert  Summer fruit swirl (V)  MILK (yoghurt, whipped cream)  Wesday  Meal choice  Red option  Dessert  Apple & oat cookies (VG)  Weal choice  Meal choice  Meal description  Dessert  Apple & oat cookies (VG)  Wednesday  Meal choice  Meal option  Red option  Toad in the hole with roast potatoes  Wegetarian toad in the hole (V)  Dessert  Dessert  Fruit jelly (VG)  Malk (Yorkshire pudding), SOYA  (sausages) **  MILK (Yorkshire pudding), EGG  (Yorkshire pudding), SOYA  (Sausages) **  MILK (Yorkshire pudding), EGG  (York	Meal choice	Meal description	Alle	Allergens	
Dessert Summer fruit swirl (V) MILK (yoghurt, whipped cream)  wesday  Meal choice Meal description Allergens Red option Pepperoni quesadilla slice GLUTEN (tortilla) MILK (cheese Green option Vegan meatball spaghetti (VG) GLUTEN (spaghetti), SOYA (meatballs Dessert Apple & oat cookies (VG) GLUTEN (oats & flour), May contain S  Vednesday  Meal choice Meal description Allergens Red option Toad in the hole with roast potatoes MILK (Yorkshire Pudding), GLUTEN (Yorkshire Pudding), GLUTEN (Yorkshire Pudding), SOYA *  Green option Vegetarian toad in the hole (V) GLUTEN (Yorkshire Pudding), EGG (Yorkshire Pudding), SOYA (sausages) **  Weal choice Fruit jelly (VG) NONE  hursday  Meal choice Meal description Allergens Red option Chicken korma and rice NONE  Green option Vegetable lasagne (V) GLUTEN (lasagne and bechamel sauce)  Dessert Chocolate marble cake (V) GLUTEN (flour), EGG(egg), May contain SOYA  Meal choice Meal description Allergens Red option Breaded fish and chips FISH and GLUTEN (breadcrumbs)  Green option Butternut squash and spinach pasty (VG)  Dessert A Selection of Home Baking (V) GLUTEN (flour), EGG (egg) May contains	Red option	Roasted vegetable pasta (VG)	GLUTEN (pasta)		
Meal choice Meal description Allergens Red option Pepperoni quesadilla slice GLUTEN (tortilla) MILK (cheese Green option Vegan meatball spaghetti (VG) GLUTEN (spaghetti), SOYA (meatballs Dessert Apple & oat cookies (VG) GLUTEN (oats & flour), May contain S Vednesday Meal choice Meal description Allergens Red option Toad in the hole with roast potatoes MILK (Yorkshire Pudding), EGG (Yorks SOYA *  Green option Vegetarian toad in the hole (V) GLUTEN (Yorkshire Pudding), SOYA pudding), EGG (Yorkshire Pudding), SOYA (Sausages) ** (Yorkshire Pudding), SOYA (Sausages) ** (Yorkshire Pudding), EGG (Yorkshire Pudding), SOYA (Sausages) ** (Yorkshire Pudding), SOYA (Sausages) ** (Yorkshire Pudding), EGG (Yorkshire Pudding), SOYA (Sausages) ** (Yorkshire Pudding), SOYA (Sausages) ** (Yorkshire Pudding), EGG (Yorkshire Pudding), SOYA (Sausages) ** (Yorkshire Pudding), SOYA (Sausages) ** (Yorkshire Pudding), EGG (Yorkshire Pudding), SOYA (Sausages) ** (Yorkshire Pudding), SOYA (Sausages) ** (Yorkshire Pudding), SOYA (Sausages) ** (Yorkshire Pudd	Green option	Cheese & tomato pizza (V)	GLUTEN (pizza base)	MILK (cheese) May contain SOYA	
Meal choice         Meal description         Allergens           Red option         Pepperoni quesadilla slice         GLUTEN (tortilla)         MILK (cheese Green option           Dessert         Apple & oat cookies (VG)         GLUTEN (spaghetti), SOYA (meatballs paghetti), SOYA (meatb	Dessert	Summer fruit swirl (V)	MILK (yoghurt, whipp	MILK (yoghurt, whipped cream)	
Red option Pepperoni quesadilla slice GLUTEN (tortilla) MILK (cheese Green option Vegan meatball spaghetti (VG) GLUTEN (spaghetti), SOYA (meatballs Dessert Apple & oat cookies (VG) GLUTEN (oats & flour), May contain Street Vednesday  Meal choice Meal description Allergens  Red option Toad in the hole with roast potatoes MILK (Yorkshire Pudding), EGG (Yorkshire Pudding), GLUTEN (Yorkshire Pudding), SOYA *  Green option Vegetarian toad in the hole (V) GLUTEN (Yorkshire Pudding), SOYA (sausages) **  Pudding), SOYA (sausages) **  Meal choice Meal description MILK (Yorkshire Pudding), SOYA (sausages) **  Meal choice Meal description Allergens  Red option Chicken korma and rice NONE  Green option Vegetable lasagne (V) GLUTEN (lasagne and bechamel sauce)  Dessert Chocolate marble cake (V) GLUTEN (flour), EGG(egg), May contains SOYA  riday  Meal choice Meal description Allergens  Red option Breaded fish and chips FISH and GLUTEN (breadcrumbs)  Green option Butternut squash and spinach pasty (VG) GLUTEN (flour), EGG (egg) May contains Clutten (flour), EGG (egg) May contains Clut	uesday				
Green option Vegan meatball spaghetti (VG) GLUTEN (spaghetti), SOYA (meatballs Dessert Apple & oat cookies (VG) GLUTEN (oats & flour), May contain State (Vednesday)  Meal choice Meal description Allergens  Red option Toad in the hole with roast potatoes MILK (Yorkshire Pudding), EGG (Yorkshire Pudding), GLUTEN (Yorkshire Pudding), SOYA *  Green option Vegetarian toad in the hole (V) GLUTEN (Yorkshire Pudding), SOYA (sausages) ** (Yorkshire pudding), SOYA (sausages) ** (Yorkshire pudding), SOYA (sausages) ** (Yorkshire pudding), EGG (Yorkshire pudding), SOYA (sausages) ** (Yorkshire pudding), SOYA (sausages) ** (Yorkshire pudding), EGG (Yorkshire pudding), SOYA (sausages) ** (Yorkshire pudding), SOYA (sausages) ** (Yorkshire pudding), EGG (Yorkshire pudding), SOYA (sausages) ** (Yorkshire pudding), SOYA (Sausages) ** (Yorkshire pudding), EGG (Yorkshire pudding), EGG (Yorkshire pudding), SOYA (Sausages) ** (Yorkshire pudding), EGG (Yorkshire pudding), SOYA (Sausages) ** (Yorkshire pudding), EGG (Yorkshire pudding), EGG (Yorkshire pudding), SOYA (Sausages) ** (Yorkshire pudding), EGG (Yorkshire pudding), SOYA (Sausages) ** (Yorkshire pudding), EGG (Yorkshi	Meal choice	Meal description	Allergens		
Dessert Apple & oat cookies (VG)  Vednesday  Meal choice Meal description Allergens  Red option Toad in the hole with roast potatoes  MILK (Yorkshire Pudding), EGG (Yorkshire Pudding), GLUTEN (Yorkshire Pudding), SOYA *  Green option Vegetarian toad in the hole (V)  Dessert Fruit jelly (VG)  Meal description Allergens  MILK (Yorkshire Pudding), GLUTEN (Yorkshire Pudding), SOYA *  GLUTEN (Yorkshire Pudding), SOYA (sausages) ***  (Yorkshire pudding), SOYA (sausages) ***  Meal choice Meal description Allergens  Red option Chicken korma and rice NONE  Green option Vegetable lasagne (V)  Dessert Chocolate marble cake (V)  Dessert Chocolate marble cake (V)  Meal choice Meal description Allergens  FISH and GLUTEN (breadcrumbs)  Green option Breaded fish and chips  Green option Butternut squash and spinach pasty (VG)  Dessert A Selection of Home Baking (V)  GLUTEN (flour), EGG (egg) May contage to the property of the pudding).  GLUTEN (pastry)  GLUTEN (postry)  GLUTEN (flour), EGG (egg) May contage to the pudding sausage).	Red option	Pepperoni quesadilla slice	GLUTEN (tortilla)	MILK (cheese)	
Meal choice Meal description Allergens  Red option Toad in the hole with roast potatoes MILK (Yorkshire Pudding), EGG (Yorks- Pudding), GLUTEN (Yorkshire Pudding) Sausage), SULPHITES (sausage) May on SOYA *  Green option Vegetarian toad in the hole (V) GLUTEN (Yorkshire Pudding), EGG (Yorkshire Pudding), SOYA *  Green option Vegetarian toad in the hole (V) MONE  Dessert Fruit jelly (VG) NONE  Meal choice Meal description Allergens  Red option Chicken korma and rice NONE  Green option Vegetable lasagne (V) GLUTEN (lasagne and bechamel sauce) MILK (cheese and bechamel sauce)  Dessert Chocolate marble cake (V) GLUTEN (flour), EGG(egg), May contact SOYA  riday  Meal choice Meal description Allergens  Red option Breaded fish and chips FISH and GLUTEN (breadcrumbs)  Green option Butternut squash and spinach pasty (VG) GLUTEN (pastry)  Dessert A Selection of Home Baking (V) GLUTEN (flour), EGG (egg) May contact SOYA  GLUTEN (pastry)  GLUTEN (pastry)  GLUTEN (pastry)  GLUTEN (flour), EGG (egg) May contact SUTEN (pastry)  GLUTEN (pastry)  GLUTEN (flour), EGG (egg) May contact SUTEN (flour), EGG (egg) May contact	Green option	Vegan meatball spaghetti (VG)	GLUTEN (spaghetti), S	OYA (meatballs)	
Meal choice       Meal description       Allergens         Red option       Toad in the hole with roast potatoes       MILK (Yorkshire Pudding), EGG (Yorkshire Pudding), GLUTEN (Yorkshire Pudding), SUZHPHITES (sausage) May SOYA *         Green option       Vegetarian toad in the hole (V)       GLUTEN (Yorkshire Pudding), SOYA (sausages) **       MILK (Yorkshire Pudding), EGG (Yorkshire Pudding), SOYA (sausages) **       MILK (Yorkshire Pudding), EGG (Yorkshire Pudding), SOYA (sausages) **         Meal choice       Meal description       Allergens         Red option       Chicken korma and rice       NONE         Green option       Vegetable lasagne (V)       GLUTEN (lasagne and bechamel sauce) MILK (cheese and bechamel sauce)         Dessert       Chocolate marble cake (V)       GLUTEN (flour), EGG(egg), May conta SOYA         riday       Meal choice       Meal description       Allergens         Red option       Breaded fish and chips       FISH and GLUTEN (breadcrumbs)         Green option       Butternut squash and spinach pasty (VG)       GLUTEN (flour), EGG (egg) May conta         Dessert       A Selection of Home Baking (V)       GLUTEN (flour), EGG (egg) May conta	Dessert	Apple & oat cookies (VG)	GLUTEN (oats & flour), May contain SOYA		
Red option  Toad in the hole with roast potatoes  MILK (Yorkshire Pudding), EGG (Yorkshire Pudding), GLUTEN (Yorkshire Pudding), SULPHITES (sausage) May of SOYA *  Green option  Vegetarian toad in the hole (V)  GLUTEN (Yorkshire Pudding), SOYA pudding), SOYA pudding), SOYA (sausages) **  (Yorkshire pudding), SOYA pudding), EGG (Yorkshire pudding), SOYA pudding), EGG (Yorkshire pudding), SOYA (sausages) **  Meal choice  Meal description  Allergens  Red option  Chicken korma and rice  NONE  GLUTEN (lasagne and bechamel sauce) MILK (cheese and bechamel sauce)  MILK (cheese and bechamel sauce)  Dessert  Chocolate marble cake (V)  GLUTEN (flour), EGG(egg), May contain SOYA  riday  Meal choice  Meal description  Allergens  Red option  Breaded fish and chips  FISH and GLUTEN (breadcrumbs)  Green option  Butternut squash and spinach pasty (VG)  Dessert  A Selection of Home Baking (V)  GLUTEN (flour), EGG (egg) May contain the pudding sausage pudding), EGG (egg) May contain the pudding sausage pudding, EGG (Yorkshire pudding), GLUTEN (flour), EGG (egg) May contain the pudding sausage)  MILK (Yorkshire Pudding), GLUTEN (flour), EGG (egg) May contain the pudding sausage) in the pudding sausage) in the pudding sausage)  Meal choice  Meal description  Allergens  FISH and GLUTEN (breadcrumbs)  GLUTEN (flour), EGG (egg) May contain the pudding sausage)  GLUTEN (flour), EGG (egg) May contain the pudding sausage)  A Selection of Home Baking (V)	/ednesday				
Pudding), GLUTEN (Yorkshire Pudding sausage), SULPHITES (sausage) May SOYA *  Green option  Vegetarian toad in the hole (V)  Dessert  Fruit jelly (VG)  Meal choice  Meal description  Meal description  Chicken korma and rice  MoNE  GLUTEN (Yorkshire pudding), SOYA (Yorkshire pudding), EGG (Yorksh	Meal choice	Meal description	Allergens		
Green option  Vegetarian toad in the hole (V)  GLUTEN (Yorkshire Pudding), SOYA (sausages) **  Pudding), SOYA (sausages) **  MILK (Yorkshire pudding), EGG (Yorkshire puddi	Red option	Toad in the hole with roast potatoes	MILK (Yorkshire Pudding), EGG (Yorkshire Pudding), GLUTEN (Yorkshire Pudding, sausage), SULPHITES (sausage) May contait SOYA *		
Meal choice Meal description Allergens  Red option Chicken korma and rice NONE  Green option Vegetable lasagne (V) GLUTEN (lasagne and bechamel sauce)  Dessert Chocolate marble cake (V) GLUTEN (flour), EGG(egg), May contagory  Meal choice Meal description Allergens  Red option Breaded fish and chips FISH and GLUTEN (breadcrumbs)  Green option Butternut squash and spinach pasty (VG) GLUTEN (pastry)  Dessert A Selection of Home Baking (V) GLUTEN (flour), EGG (egg) May contagory	Green option	Vegetarian toad in the hole (V)	Pudding), SOYA	MILK (Yorkshire pudding), EGG (Yorkshire pudding)	
Meal choice       Meal description       Allergens         Red option       Chicken korma and rice       NONE         Green option       Vegetable lasagne (V)       GLUTEN (lasagne and bechamel sauce)         MILK (cheese and bechamel sauce)       Milk (cheese and bechamel sauce)         GLUTEN (flour), EGG(egg), May contagona       SOYA         riday       Meal choice       Meal description       Allergens         Red option       Breaded fish and chips       FISH and GLUTEN (breadcrumbs)         Green option       Butternut squash and spinach pasty (VG)       GLUTEN (pastry)         Dessert       A Selection of Home Baking (V)       GLUTEN (flour), EGG (egg) May contagona	Dessert	Fruit jelly (VG)			
Red option Chicken korma and rice  Green option Vegetable lasagne (V) Dessert Chocolate marble cake (V) GLUTEN (lasagne and bechamel sauce) GLUTEN (flour), EGG(egg), May contagory SOYA  riday Meal choice Meal description Red option Breaded fish and chips Green option Breaded fish and spinach pasty (VG) Dessert A Selection of Home Baking (V) GLUTEN (flour), EGG (egg) May contagory GLUTEN (pastry) GLUTEN (flour), EGG (egg) May contagory GLUTEN (flour), EGG (egg) May contagory	hursday				
Green option  Vegetable lasagne (V)  Dessert  Chocolate marble cake (V)  GLUTEN (lasagne and bechamel sauce)  GLUTEN (flour), EGG(egg), May conta SOYA  riday  Meal choice  Meal description  Red option  Breaded fish and chips  Green option  Butternut squash and spinach pasty (VG)  Dessert  A Selection of Home Baking (V)  GLUTEN (lasagne and bechamel sauce)  GLUTEN (flour), EGG(egg), May conta	Meal choice	Meal description	Allergens		
Dessert Chocolate marble cake (V)  Chocolate marble cake (V)  GLUTEN (flour), EGG(egg), May contagonate SOYA  Fiday  Meal choice Meal description Allergens  Red option Breaded fish and chips FISH and GLUTEN (breadcrumbs)  Green option Butternut squash and spinach pasty (VG)  Dessert A Selection of Home Baking (V)  GLUTEN (flour), EGG (egg) May contagonate Source Source Source Soya	Red option	Chicken korma and rice			
Meal choice Meal description Allergens  Red option Breaded fish and chips FISH and GLUTEN (breadcrumbs)  Green option Butternut squash and spinach pasty (VG) GLUTEN (pastry)  Dessert A Selection of Home Baking (V) GLUTEN (flour), EGG (egg) May contains	Green option	Vegetable lasagne (V)	GLUTEN (lasagne and bechamel sauce), MILK (cheese and bechamel sauce)		
Meal choiceMeal descriptionAllergensRed optionBreaded fish and chipsFISH and GLUTEN (breadcrumbs)Green optionButternut squash and spinach pasty (VG)GLUTEN (pastry)DessertA Selection of Home Baking (V)GLUTEN (flour), EGG (egg) May contains	Dessert	Chocolate marble cake (V)	GLUTEN (flour), EGG(egg), May contain SOYA		
Red option  Breaded fish and chips  FISH and GLUTEN (breadcrumbs)  Green option  Butternut squash and spinach pasty (VG)  Dessert  A Selection of Home Baking (V)  GLUTEN (flour), EGG (egg) May contain	riday				
Green option  Butternut squash and spinach pasty (VG)  Dessert  A Selection of Home Baking (V)  GLUTEN (pastry)  GLUTEN (flour), EGG (egg) May contain	Meal choice	Meal description	Allergens		
Dessert A Selection of Home Baking (V) GLUTEN (flour), EGG (egg) May conta	Red option	Breaded fish and chips	FISH and GLUTEN (breadcrumbs)		
	Green option	Butternut squash and spinach pasty (VG)	GLUTEN (pastry)		
SOYA	Dessert	A Selection of Home Baking (V)	GLUTEN (flour), EGG (egg) May contain SOYA		

<sup>\*</sup> This option can be provided allergy free by removing the Yorkshire pudding and a GF sausage

<sup>\*\*</sup>This option can be provided gluten & dairy free by removing the Yorkshire pudding as the veggie sausages are both Vegan and Gluten Free