

Breakfast Club – Allergen Matrix

	Milk	Egg	Cereal	Soya	Sesame	Peanut & nuts	Tree nut	Lupin	Celery	Mustard	Fish	Crustacea	Mollusc	Sulphates
Multigrain Shapes	✓		Oat Malt	✓	✓	✓								
Crisp Rice	✓		Malt Barley	✓	✓	✓								
Malted Wheaties	✓		Wheat Barley	✓	✓	✓								
Toastie White Bread			Wheat flour	✓										
Olive Spread	✓													
Clear Honey														
Strawberry Jam														
Semi-skimmed Milk	✓													

Cereals allergens include: Barley, Kamut, Oats, Rye, Spelt and Wheat