

COVID-19 Guidance for Parents/Carers in Milton Keynes Education Settings From 24th January 2022

For any **SUSPECTED** or **CONFIRMED** case of COVID-19 in a young person please follow the flow chart below.

SUSPECTED case if child/young person has COVID-19 symptoms

Key symptoms:

- A new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia).

Additional symptoms that may be early warning signs of COVID-19 in children include upset stomach, headache, sore throat, unusual fatigue.

Book a **PCR test** as soon as possible online via the website www.nhs.uk/coronavirus.
Alternatively a PCR test can be ordered by phone on **NHS 119** for those without the internet.

Ensure child/young person isolates at home until the test result.

Who else needs to isolate?

The rest of the household does not need to isolate if they are :

- Under 18 and 6 months *and/or*
- Double vaccinated *and/or*
- Part of a COVID Vaccine trial *and/or*
- Can not have a COVID vaccine for medical reasons (as confirmed by a medical professional).

If none of the above apply then the household contacts **must** isolate **until the test result**.

Result of test

(notify setting as soon as possible).

NEGATIVE

POSITIVE

Child can return to setting once well. Any household contacts can stop isolating.

CONFIRMED case(s) following a Positive PCR Test

Inform the setting of positive PCR. Ensure child/young person isolates at home for up to 10 days. Anyone testing positive can now take LFD tests no earlier than day 5 and day 6 in their isolation period. The tests should be taken on consecutive days.

If both tests are negative, they can leave self-isolation as soon as they have got the negative result from the second test provided they do not have a temperature. If they decide not to carry out LFD testing or if they are unwell, then they should continue with their self-isolation for the full 10 days.

This also applies to children below school age, with LFD testing at the discretion of parents/carers.

CONFIRMED case(s) following a Positive LFD Test

Self-isolate and report result of LFD [here](#). *

Inform setting of LFD result. Follow national guidance on self-isolation.

Families who are eligible for the test & trace support payments should take a confirmatory PCR.

For **symptomatic** cases the day the symptoms began is DAY ZERO. You need to add up to 10 further days after DAY ZERO.
For **asymptomatic** cases the date of the test is DAY ZERO. You need to add up to 10 further days after DAY ZERO.

Household/close contacts who are fully vaccinated or under 18 years 6 months should do daily LFD tests for 7 days. The daily LFD should be done before leaving home for the first time each day. If during this time the LFD test is positive, the individual must self-isolate and follow national guidance. Children aged below school age are exempt from self-isolation and do not need to take part in daily LFD testing. However, they should take a PCR test if a household contact of someone who has tested positive

Household/close contacts only need to self-isolate for 10 days if they are over 18yrs & 6 months and have not been fully vaccinated. Unvaccinated adult household/close contacts must isolate for 10 days.

If anyone else in the household becomes unwell and tests positive for Covid-19 they will need to restart/start their isolation. The rest of the family who have been isolating, do not need to extend their isolation period.

- * This is a temporary measure introduced on 11th January 22. See [here](#) for more details
- If you have recently (within 90 days) had a positive PCR test for COVID-19, you are exempt from PCR testing during the 90 day period, unless you develop new symptoms.
- LFD tests are used for identifying Covid-19 infection where there are no symptoms and should not be used if you have any symptoms. Where possible, please take a PCR test if you have symptoms.
- If you have had a COVID-19 vaccination you should still take part in the LFD testing as you may still transmit the virus.