



ST PAUL'S CATHOLIC SCHOOL - SCHOOL MEALS PROVISION

Please read in conjunction with our allergen key. Thank you!

WEEK ONE	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN	Chicken and tomato sauce with pasta	Cottage pie	Hot dog with potato wedges	Chicken tikka curry with rice and naan	Fish fingers with chips
VEGETARIAN OPTION	Roasted vegetables in rich tomato sauce with pasta	Vegetarian cottage pie	Quorn Sausage hot dog with potato wedges	Vegetable curry with rice and naan	Cheese and tomato pizza with chips
JACKET POTATO	Tuna mayo sweetcorn	Chicken and sweetcorn mayo	Spaghetti Hoops	Tuna Mayo Cucumber	Spaghetti Hoops
JACKET POTATO	Baked Beans and/or Cheese	Baked Beans and/or Cheese	Baked Beans and/or Cheese	Baked Beans and/or Cheese	Baked Beans and/or Cheese
DESSERT	Cheese and crackers	Raspberry ripple icecream pot	fruit yogurt	gingerbread man	vanilla muffin

WEEK TWO	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN	Beef meat balls in tomato sauce with pasta	BBQ chicken with potato rosti	Beef burger and potato cubes	Spaghetti Bolognese	Fish and chips
VEGETARIAN OPTION	Vegetarian balls in tomato sauce with pasta	BBQ vegetables with potato rosti	Vegetarian burger with potato cubes	Quorn bolognese with spaghetti	Cheese and tomato omelette
JACKET POTATO	Tuna mayo sweetcorn	Chicken and sweetcorn mayo	Spaghetti Hoops	Tuna Mayo Cucumber	Spaghetti Hoops
JACKET POTATO	Baked Beans and/or Cheese	Baked Beans and/or Cheese	Baked Beans and/or Cheese	Baked Beans and/or Cheese	Baked Beans and/or Cheese
DESSERT	Chocolate muffin	fruit yogurt	vanilla icecream	Fruit jelly	Fruit salad pot

WEEK THREE	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN	Chicken meatballs with pasta	Chilli and rice	Chicken sausage and mash	Beef lasagne with salad and garlic bread	Fish fingers and chips
VEGETARIAN OPTION	Vegetarian balls in tomatosauce with pasta	Vegetable Chilli with rice	Quorn Sausage and mash	Maccaroni and cheese with salad and garlic bread	Quorn dippers and chips
JACKET POTATO	Tuna mayo sweetcorn	Chicken and sweetcorn mayo	Spaghetti Hoops	Tuna Mayo Cucumber	Spaghetti Hoops
JACKET POTATO	Baked Beans and/or Cheese	Baked Beans and/or Cheese	Baked Beans and/or Cheese	Baked Beans and/or Cheese	Baked Beans and/or Cheese
DESSERT	Vanilla Muffin	Ginger bread man	Cheese and crackers	Fruit yogurt	Raspberry rippe ice cream

1. A Jacket Potato with beans is available daily which contains no allergens unless cheese is added which contains Milk.
2. Fruit/Fruit Bags are available daily as an alternative to the dessert offered.
3. To ensure quality of the dishes it may be necessary to occasionally offer suitable alternative products to those shown on this menu.
4. Although our menus are nut free we cannot guarantee against airborne traces.
5. Vegetables or salad are served with every meal