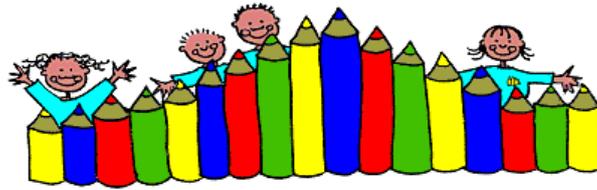


Oldbrook First School

Living and Learning Together



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Monday 9th March 2020

Dear parent/carers

Re: Coronavirus concerns

You will be aware of the outbreak of novel coronavirus and the subsequent confirmed cases in the UK and Milton Keynes. At Oldbrook First School, we take the health and safety of our pupils, staff and community very seriously, so we're sharing guidance from Public Health England on steps you should be taking.

There's currently no cause for concern at the school, but we'll keep you informed about any developments and ensure we're keeping the school clean to prevent the spread of any virus. The children have had various assemblies and lessons on the importance of hygiene and hand washing and we have increased the amount of times per day children wash their hands. The children have also been taught the phrase 'Catch it, Bin it, Kill It' to support coughs and sneezes and to ensure they wash their hands afterwards. Please continue to support this process at home and out of school.

Prevent the spread of infection

Make sure you and your children follow these general principles to prevent spreading any respiratory virus:

- Wash your hands often –with soap and water for at least 20 seconds, or an alcohol-based sanitiser if soap and water aren't available
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Avoid close contact with people who are sick
- If you feel unwell, stay at home and don't attend work or school
- Cover your cough or sneeze with a tissue, then throw the tissue in a bin
- Clean and disinfect frequently
- If you're worried about your symptoms, please call NHS 111 –don't go directly to your GP or other healthcare environment

If you or your children have returned from a category 1 country or area in past 14 days

This includes:

- Wuhan city and Hubei province, China
- Iran*
- Daegu or Cheongdo, South Korea*



- Any Italian town under containment measures*

*Only if you've returned on or after 19 February 2020

Contact NHS 111 for advice, and:

- Self-isolate for 14 days after leaving the country or area (see the home isolation advice sheet for help with this). <https://www.gov.uk/government/publications/wuhan-novel-coronavirus-self-isolation-for-patients-undergoing-testing/advice-sheet-home-isolation>

If you or your children have returned from a category 2 country or area in last 14 days

This includes:

Cambodia	China *	Hong Kong
Italy	Japan	Laos
Macau	Malaysia	Myanmar
Singapore	Republic of Korea*	Taiwan
Thailand	Vietnam	

*Except areas of the country specifically referred to in Category 1

If you become unwell (see below for a list of symptoms):

- Stay indoors and avoid contact with other people as you would with other flu viruses (see the home isolation advice sheet for help with this).
- Call NHS 111 immediately for an assessment (or 999 if you require emergency medical attention)

Symptoms to look out for

If you've returned from any of the category 1 or 2 areas or countries, look out for the following symptoms:

- Cough
- Difficulty in breathing
- Fever (a temperature of 38 degrees C or higher)

According to other official guidance, while you wait for further advice:

- Avoid contact with others
- Stay at home –don't go to work or school
- Don't travel while sick
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing, throwing tissues in the bin
- Wash your hands often with soap and water for at least 20 seconds (or an alcohol-based sanitiser if soap and water aren't available).

Thank you for your support and understanding in this matter. If you or your child have any further concerns or questions, please make an appointment to come and see me.

Kind regards

K Hopkins

Mr Kirk Hopkins
Headteacher