



CHILDREN'S MENTAL HEALTH WEEK

This week is national children's mental health week in schools. The children will be learning about ways to support their mental health and the theme this year is 'Find Your Brave'. Further information can be found at <https://www.childrensmentalhealthweek.org.uk>. Life often throws challenges our way. Bravery isn't about coping alone or holding things in. It's about finding positive ways to deal with things that might be difficult, overcoming physical and mental challenges and looking after yourself. As parents and carers, you play an important role in your child's mental health.

SCHOOL DANCE COMPETITION - DANCING SCHOOLS UK

Miss Brown and a team of Year 1 and Year 2 children recently entered the Dancing School UK competition. They performed two dances, the Polka and the Waltz, at The Ridgeway Centre on Saturday 25th January. They did an amazing performance and placed in the top three and will now compete in the final in July. Well done to Miss Brown, Alyson, Ema, Isla, Summer, Vineet, Madison, Shanzay, Vithusan, Keerthana and Inass.

LEARNING CELEBRATIONS

Next week's learning celebrations will be as follows:

Reception - Ducklings and Chicks - Thursday 13th February at 2.00pm

Year 1 - Robins and Ladybirds - Monday 10th February at 2.00pm

Year 2 - Dragonflies and Frogs year group Assembly - Wednesday 12th February at 9.00am in the school hall.

REMINDERS

Keeping hydrated is important for children when they are learning. Please ensure that your child brings a water bottle with a sports cap to school every day. Water only please! They are kept in homebases in the water bottle trays to allow children easy access.

We ask for your support regarding jewellery, which should not be worn to school. Watches and earrings (studs only) may be worn but, for health and safety reasons, no other jewellery is permitted. **All jewellery must be removed before PE sessions.**

To celebrate children's birthdays in school we have a weekly birthday assembly where we sing to the children and they also receive a card and sticker. Due to various children with allergies in school we are unable to give out sweets or cake sent from home, this also includes party bags or small gifts, however children may like to bring in stickers instead to give out to their classmates.